



Connected Coparenting

A 5-Session Coparenting Intervention Focused on Communication Solutions for Parents that Prioritize Childrens' Best Interests from Infancy through Adolescence.



A Practical, Structured Method for Front-Line Professionals

The Connected Coparenting Intervention is a skill-building program **designed for direct support staff, case managers, therapists and social workers** to help diverse coparenting dyads prioritize the best interests of the children they care for together.

This training equips professionals with a psycho-educational intervention that provides a flexible framework for professionals to deliver therapeutic value without the requirement of advanced clinical training.

For More Information & to Schedule Training:



The Family Study Center
The University of South Florida
St. Petersburg, FL



Kacey L. Jenkins, PhD, LMFT, PMH-C
615.997.0595



Email Address
JENKINSK1@USF.EDU

About the Trainer:

Dr. Jenkins helped to develop the curriculum based on Dr. James McHale's Three-Phase Focused Coparenting Consultation Model, a specialized framework for community-based family intervention. She has been training community-based staff to deliver the service to families navigating high-conflict dynamics, transitions, and the postpartum period. A Licensed Marriage and Family Therapist and university educator for over 15 years, she currently serves as the Program Director of Training and Consultation at the Family Study Center at the University of South Florida.



HUMAN SERVICES PROVIDER TRAINING



UNIVERSITY of
SOUTH FLORIDA
Family Study Center



Intervention Benefits:

Versatility:

Appropriate for all professional levels, from Bachelor's level case managers to Master's level clinicians.

Neutrality:

The focus remains strictly on the child's needs and the coparenting dyad's communication, intentionally bypassing personal relational issues or past history.

Flexibility:

The framework is designed to be flexible based on the specific needs of the family, making it effective for intergenerational (e.g., grandmother/mother), familial, or non-cohabitating dyads.

Prevention & Intervention:

Effective for expectant parents as a preventative measure or for families with children of any age, from toddlers to adolescents.

5-Session Framework Learning Objectives:

By the end of this 2-day training, professionals will be able to implement the following 5-module framework:



Importance of Coparenting

Identify who is important in the child's life while exploring lived experiences and family values.



Emotion Regulation

Teach parents how stress impacts communication while practicing grounding and coping strategies.



Communication Solutions

Instruct parents on effective communication techniques such as active listening with focused attention on child specific needs.



Coparenting Challenges

Apply effective communication strategies to solving coparenting challenges and help to create a concrete, actionable coparenting plan.



Coparenting Commitments

Build a resilient coparenting team prepared to support one another through future challenges.

Training Schedule

The training is delivered over two intensive days, totaling 12 hours of professional development and includes one printed facilitator manual per participant.

Morning Session:

9:00 AM – 12:00 PM (3 Hours)

Lunch Break:

12:00 PM – 1:00 PM

Afternoon Session:

1:00 PM – 4:00 PM (3 Hours)



Remote and On-Site Training Options Available



Group Rates for Agency Specific Training Available



Individual Registration Available

