## Infant family Center Presents: Circle Of Security Course



8 Week Course • 1 Hour a Week FREE OF CHARGE

## ALL PARENTS/CAREGIVERS ARE WELCOME Especially Parents/Caregivers Of Babies And Young Children

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security<sup>®</sup> Parenting<sup>™</sup> program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Using the COSP<sup>™</sup> model developed by the Circle of Security originators, our trained Facilitators work with parents and care-givers to help them to:



Understand their child's emotional world by learning to read emotional needs



Enhance the development of their child's self esteem



Support their child's ability to successfully manage emotions



Honor the innate wisdom and desire for their child to be secure

## Date, Time and Location





For More Information Contact: Infant Family Center USF St. Petersburg campus 727-873-4876 cas-infantfamilycenter@usf.edu