

TRANSITION TO PARENTHOOD: NEUROCOGNITIVE MECHANISMS AND MENTAL HEALTH IMPLICATIONS

THURSDAY, APRIL 24 // 1PM – 2:15PM

FREE EVENT // HARBOR HALL 110
1000 3RD ST S, ST. PETERSBURG, FL 33701

STAY FOR A MEET & GREET WITH LIGHT REFRESHMENTS UNTIL 3PM, SPONSORED BY PSYCHOLOGY CLUB

Dr. Rutherford is an Associate Professor in the Child Study Center at Yale School of Medicine. Her research expertise is in Developmental Neuroscience and Psychopathology, and her areas of research include maternal distress tolerance and stress reactivity and emotion regulation in parents and non-parents. Her presentation, focusing on often under-studied neurocognitive mechanisms and implications for mental health in new parents, is sponsored by the USF St. Petersburg campus' Department of Psychology and co-sponsored by USF's Family Study Center. Participants will have the opportunity to ask questions and enjoy light refreshments sponsored by the Psychology club.

Seating and parking for off-campus attendees is limited; those not affiliated with USF's St. Petersburg campus, please pre-register in advance to receive parking information. Continuing Education Credit to psychologists licensed in the State of Florida will be available through the USF Psychology Department.



Dr. Helena Rutherford, Ph.D. *Yale School of Medicine* 



